



PEOPLE-TO-PEOPLE EXPERIENCE FACT SHEET

The Islands of The Bahamas offer a unique experience called the [People-to-People](#) programme that is based on a simple idea — locals know best. This immersive cultural experience pairs inquisitive travellers with locals who volunteer to generously open their hearts and homes to share their love for The Bahamas. Ask anyone who has connected through the People-to-People programme, and they'll be sure to tell you it's the fastest and best way to find the tastiest fish fry on Arawak Cay in Nassau, reach the most secluded beaches on Long Island, and discover the most photogenic corners in Freeport's Lucayan National Park. After participating in this program, visitors might just walk away with a forever Bahamian friend and an excuse to visit again.

As a visitor, all you have to do is fill out a [form](#) that tells us what your interests are and when you'll be in The Bahamas, and we'll pair you with a local ambassador who is eager to share the Bahamian way of life with you. The People-to-People programme is offered on all 16 islands of The Bahamas and experiences are broken out by the following topics: Culinary, Culture, Natural Wonders and Family.

Culinary

If you're a food lover, we'll connect you with a fellow foodie for a once-in-a-lifetime culinary adventure in The Bahamas. Our local ambassadors love introducing visitors to their favourite restaurants, and they'll often invite you into their home for an authentic Bahamian meal. A People-to-People culinary experience might look like:

- A trip to the Fish Fry at Arawak Cay for those visiting Nassau, to try island favourites like conch salad and fried snapper
- An invitation to a neighborhood gathering called a "sip sip" where delicious treats are swapped with a side of local gossip
- A home cooked authentic Bahamian meal at your hosts' residence, where family, friends and neighbors may just stop by to join in the fun

Culture

If you love history and culture, we'll pair you with a like-minded culture buff to explore The Bahamas' past and present. From seaside fortresses to pirate hideaways, visitors will enjoy a unique opportunity to hear about the historical events that shaped our beloved islands. A day with a local People-to-People ambassador might include:

- A guided tour of Fort Fincastle and a walk up the Queen's Staircase in Nassau.
- A trip to Bimini's Dolphin House Museum
- A visit to Johnston's Bronze Art Foundry in The Abacos
- A tea party at Nassau's historic Government House, hosted by prominent Bahamian women

Natural Wonders

The Bahamas is an ecological oasis with endless natural wonders just waiting to be explored. Travellers will be introduced to an ambassador who knows the ins and outs of every blue hole and pink sand beach. Highlights from the Natural Wonders People-to-People experience could include:

- Diving into Dean's Blue Hole on Long Island, which is the second deepest blue hole in the world
- Marvelling at the beauty of the Glass Window Bridge on Eleuthera
- Walking through all six of The Bahamas' ecosystems found within Freeport's Lucayan National Park

Family

The Bahamas offers a special People-to-People experience for those travellers bringing their kids. Tag along with one of our local ambassadors and get the inside scoop on The Bahamas' best family-friendly activities. Whatever the age range and interests of your family, visitors will enjoy a unique opportunity to experience The Bahamas just like a local. A typical day spent with a People-to-People family ambassador might include:

- Feeding the sun-loving iguanas in The Exumas
- Shopping for Bahamian-made souvenirs at Nassau's world-famous Straw Market
- Riding the waves on Surfer's Beach in Eleuthera
- Meeting the pink flamingos at Ardastra Gardens, Zoo & Conservation Centre in Nassau

ABOUT THE BAHAMAS

With over 700 islands and cays, and 16 unique island destinations, The Bahamas lies just 50 miles off the coast of Florida, offering an easy fly away escape that transports travellers away from their everyday. The Islands of The Bahamas have world-class fishing, diving, boating and thousands of miles of the earth's most spectacular water and beaches waiting for families, couples and adventurers. Explore all the islands have to offer at www.bahamas.com or on [Facebook](#), [YouTube](#) or [Instagram](#) to see why It's Better in The Bahamas.

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